

Name	Calories (k)	Calories fr	Fat (g)	Saturated	Trans Fatt	Cholesteri	Sodium (n	Carbohydi	Total Diet	Total Sugã	Protein (g	Allergen Statement (English)
Casa Ole - Add-on, Shrimp & Mushrooms (5-18)	230	180	21	3.5	0	65	490	2	1	1	10	Contains Shellfish, Soy, Wheat.
Casa Ole - A la carte-CYO, CCQ Tostada (4-18)	110	60	7	3	0	15	290	6	0	1	4	Contains Milk, Soy.
Casa Ole - A la carte-CYO, Chalupa (4-18)	230	80	10	2	0	5	800	44	24	3	14	Contains Milk, Soy, Wheat.
Casa Ole - A la carte-CYO, Taco Crispy Beef (4-18)	110	50	6	2.5	0	20	470	8	1	2	6	Contains Milk, Soy.
Casa Ole - A la carte-CYO, Taco Crispy Chicken (4-18)	100	35	4	1.5	0	15	420	8	1	2	6	Contains Milk, Soy, Wheat.
Casa Ole - A la carte-CYO, Taco Soft Beef (4-18)	160	60	7	3	0	20	600	17	2	2	7	Contains Milk, Soy, Wheat.
Casa Ole - A la carte-CYO, Taco Soft Chicken (4-18)	150	45	5	2	0	15	550	17	2	2	7	Contains Milk, Soy, Wheat.
Casa Ole - All Tex, Cheeseburger (4-18)	1580	780	87	30	3	185	4080	139	7	47	54	Contains Milk, Soy, Wheat.
Casa Ole - All Tex, Chicken Bacon Ranch (4-18)	1770	930	106	23	0	150	4050	152	7	48	57	Contains Egg, Milk, Soy, Wheat.
Casa Ole - All Tex, Chicken Fried Steak (4-18)	1120	600	69	14	2	50	2850	110	6	20	26	Contains Milk, Soy, Wheat.
Casa Ole - All Tex, Chicken Tenders (5-18)	1760	1020	116	17	2	80	3930	132	9	19	58	Contains Milk, Soy, Wheat.
Casa Ole - Appetizer, Beef Empanadas (4-18)	550	350	40	13	0	85	1220	32	3	2	18	Contains Egg, Milk, Soy, Wheat.
Casa Ole - Appetizer, Casa Sampler (4-18)	1290	680	77	30	0	160	4110	106	31	8	62	Contains Milk, Soy, Wheat.
Casa Ole - Appetizer, Chile Con Queso, Large (4-18)	400	280	31	17	0	85	1620	6	1	5	18	Contains Milk.
Casa Ole - Appetizer, Chile Con Queso, Small (4-18)	200	140	16	9	0	45	810	3	0	2	9	Contains Milk.
Casa Ole - Appetizer, Empanadas (4-18)	550	350	40	13	0	85	1220	32	3	2	18	Contains Egg, Milk, Soy, Wheat.
Casa Ole - Appetizer, Fajita Beef Flameado (4-18)	790	430	48	26	0	140	1820	44	3	1	44	Contains Milk, Soy, Wheat.
Casa Ole - Appetizer, Fajita Beef Flautas (4-18)	740	430	49	21	0	85	1400	47	3	4	24	Contains Milk, Soy, Wheat.
Casa Ole - Appetizer, Fajita Beef Quesadilla (4-18)	750	390	43	23	0	115	1940	50	5	3	35	Contains Milk, Soy, Wheat.
Casa Ole - Appetizer, Fajita Chicken Flameado (4-18)	750	400	44	24	0	145	1780	43	3	1	43	Contains Milk, Soy, Wheat.
Casa Ole - Appetizer, Fajita Chicken Flautas (4-18)	730	420	47	21	0	90	1380	47	3	4	24	Contains Milk, Soy, Wheat.
Casa Ole - Appetizer, Fajita Chicken Quesadilla (4-18)	710	360	40	22	0	120	1900	50	5	3	35	Contains Milk, Soy, Wheat.
Casa Ole - Appetizer, Guacamole Salad, Large (4-18)	230	180	20	3	0	0	2000	15	10	2	3	Contains Soy.
Casa Ole - Appetizer, Guacamole Salad, Small (4-18)	120	90	10	1.5	0	0	1000	8	5	1	2	Contains Soy.
Casa Ole - Appetizer, Taquitos (4-18)	730	410	47	14	0	85	2400	40	2	7	30	Contains Milk, Soy, Wheat.
Casa Ole - Beverage, Cherry Coke 16 fl. oz. (5-18)	220	0	0	0	0	0	55	56	0	56	0	
Casa Ole - Beverage, Coke 16 fl. oz. (5-18)	210	0	0	0	0	0	50	53	0	53	0	
Casa Ole - Beverage, Coke Zero 16 fl. oz. (5-18)	0	0	0	0	0	0	0	0	0	0	0	
Casa Ole - Beverage, Diet Coke 16 fl. oz. (5-18)	0	0	0	0	0	0	0	0	0	0	0	
Casa Ole - Beverage, Diet Dr. Pepper 16 fl. oz. (5-18)	0	0	0	0	0	0	95	0	0	0	0	
Casa Ole - Beverage, Dr. Pepper 16 fl. oz. (5-18)	190	0	0	0	0	0	60	52	0	51	0	
Casa Ole - Beverage, Hi-C Pink Lemonade 16 fl. oz. (5-18)	210	0	0	0	0	0	160	53	0	50	0	
Casa Ole - Beverage, Lemonade 16 fl. oz. (5-18)	200	0	0	0	0	0	130	51	0	48	0	
Casa Ole - Beverage, Raspberry Tea 16 fl. oz. (5-18)	120	0	0	0	0	0	65	31	0	30	0	
Casa Ole - Beverage, Root Beer 16 fl. oz. (5-18)	230	0	0	0	0	0	70	58	0	58	0	
Casa Ole - Beverage, Sprite 16 fl. oz. (5-18)	200	0	0	0	0	0	90	49	0	49	0	
Casa Ole - Beverage, Sweet Tea 16 fl. oz. (5-18)	100	0	0	0	0	0	50	25	0	25	0	
Casa Ole - Beverage, Unsweetened Tea 16 fl. oz. (5-18)	0	0	0	0	0	0	45	0	0	0	0	
Casa Ole - Burrito, Con Queso Beef (4-18)	2020	700	81	26	0.5	90	7730	340	132	16	101	Contains Milk, Soy, Wheat.
Casa Ole - Burrito, Con Queso Beef Fajita (5-18)	1980	660	76	23	0	85	6840	336	131	13	103	Contains Milk, Soy, Wheat.
Casa Ole - Burrito, Con Queso Chicken (4-18)	1970	650	75	22	0	75	7560	341	132	17	100	Contains Milk, Soy, Wheat.
Casa Ole - Burrito, Con Queso Chicken Fajita (5-18)	1940	630	72	21	0	90	6790	335	131	13	102	Contains Milk, Soy, Wheat.
Casa Ole - Burrito, Wet (4-18)	1700	720	82	28	0.5	115	7630	230	79	13	79	Contains Milk, Soy, Wheat.
Casa Ole - Chimichanga, Beef (4-18)	1910	860	98	37	0	135	5380	236	68	10	79	Contains Milk, Soy, Wheat.
Casa Ole - Chimichanga, Chicken (4-18)	1880	830	95	35	0	125	5290	237	68	11	78	Contains Milk, Soy, Wheat.
Casa Ole - Chimichanga, Fajita Beef (4-18)	1920	860	98	36	0	145	5090	234	67	9	85	Contains Milk, Soy, Wheat.
Casa Ole - Chimichanga, Fajita Chicken (4-18)	1890	830	95	34	0	150	5050	234	67	9	84	Contains Milk, Soy, Wheat.
Casa Ole - Crisp, Fajita Beef (4-18)	420	210	24	12	0	60	1260	29	2	3	22	Contains Milk, Soy, Wheat.
Casa Ole - Crisp, Fajita Chicken (4-18)	400	190	22	11	0	65	1230	28	2	3	22	Contains Milk, Soy, Wheat.
Casa Ole - Crisp, Taco (4-18)	390	200	22	12	0	55	1500	29	3	4	19	Contains Milk, Soy, Wheat.

Casa Ole - Crisp, Vegetable (4-18)	330	180	20	10	0	40	970	27	2	3	15	Contains Milk, Soy, Wheat.
Casa Ole - CYO, Burrito with Chili Con Carne (5-18)	420	190	22	7	0	35	2030	55	25	3	23	Contains Milk, Soy, Wheat.
Casa Ole - CYO, Chile Con Queso 1.25 oz. (4-18)	80	60	7	3.5	0	20	340	1	0	1	4	Contains Milk.
Casa Ole - CYO, Chili Con Carne 1.25 oz. (4-18)	40	25	3	1	0	5	270	1	0	0	2	Contains Soy, Wheat.
Casa Ole - CYO, Chipotle Beef Fajita Flauta 1 ea. (4-18)	320	180	21	8	0	30	510	21	1	0	11	Contains Milk, Soy, Wheat.
Casa Ole - CYO, Chipotle Chicken Fajita Flauta 1 ea. (4-18)	310	180	20	7	0	30	500	21	1	0	11	Contains Milk, Soy, Wheat.
Casa Ole - CYO, Cilantro Cream Sauce 1.25 oz. (4-18)	120	100	11	8	0	45	75	3	0	0	0	Contains Milk, Soy.
Casa Ole - CYO, Enchilada Beef 1 ea. (no sauce) (5-18)	120	50	6	2	0	15	450	10		1	6	Contains Soy.
Casa Ole - CYO, Enchilada Cheese 1 ea. (no sauce) (5-18)	100	35	4	1	0	10	400	11		1	6	Contains Soy, Wheat.
Casa Ole - CYO, Enchilada Chicken 1 ea. (no sauce) (5-18)	100	35	4	1	0	10	400	11		1	6	Contains Soy, Wheat.
Casa Ole - CYO, Enchilada Sauce 1.25 oz. (4-18)	30	20	2.5	0	0	0	240	2	0	0	0	Contains Soy, Wheat.
Casa Ole - CYO, Enchilada Spinach 1 ea. (no sauce) (5-18)	190	90	9	5	0	20	380	17		0	7	Contains Milk, Soy, Wheat.
Casa Ole - CYO, Frijoles A La Charra 6 oz (4-18)	230	40	4.5	1	0	5	1300	60	38	5	22	Contains Soy, Wheat.
Casa Ole - CYO, Lettuce .5 oz. (5-18)	0	0	0	0	0	0	0	0	0	0	0	
Casa Ole - CYO, Mixed Cheese (Standard) .25 oz. (4-18)	25	20	2.5	1.5	0	5	45	0	0	0	2	Contains Milk.
Casa Ole - CYO, Ranchero Sauce 2 oz. (4-18)	30	15	1.5	0	0	0	530	4	1	2	0	Contains Soy, Wheat.
Casa Ole - CYO, Refried Beans 7 oz (4-18)	470	170	20	3	0	0	2100	102	64	5	33	Contains Soy, Wheat.
Casa Ole - CYO, Tamale with Chili Con Carne (5-18)	230	170	19	7	0	25	650	11	2	1	6	Contains Milk, Soy, Wheat.
Casa Ole - CYO, Vegetable Rice 5 oz (4-18)	500	80	9	4	0	0	770	93	0	0	8	Contains Milk, Soy, Wheat.
Casa Ole - Dessert, Chimichanga Cheesecake (5-18)	640	290	33	14	0	85	340	80	2	52	7	Contains Egg, Milk, Peanut, Soy, Tree Nuts, Wheat.
Casa Ole - Dessert, Fudge Brownie (5-18)	950	460	52	26	0	130	290	102	0	78	12	Contains Egg, Milk, Soy, Tree Nuts, Wheat.
Casa Ole - Dessert, Mexican Sundae Chocolate (5-18)	690	290	33	21	0	65	320	96	4	60	7	Contains Milk, Soy, Tree Nuts, Wheat.
Casa Ole - Dessert, Mexican Sundae Strawberry (5-18)	620	290	33	21	0	65	310	79	3	47	8	Contains Milk, Soy, Tree Nuts, Wheat.
Casa Ole - Dessert, Sopapillas Ind (5-18)	240	110	12	3	2	0	115	32	1	22	2	Contains Milk, Soy, Wheat.
Casa Ole - Dessert, Sopapillas Lg (5-18)	980	430	48	12	8	0	460	127	2	90	6	Contains Milk, Soy, Wheat.
Casa Ole - Dessert, Sopapillas Sm (5-18)	490	220	24	6	4	0	230	63	1	45	3	Contains Milk, Soy, Wheat.
Casa Ole - Enchilada, Beef with Chili Dinner (5-18)	1470	500	57	17	0.5	70	4980	230	69	8	66	Contains Milk, Soy, Wheat.
Casa Ole - Enchilada, Beef with Enchilada Sauce Dinner (5-18)	1450	490	57	16	0	55	4890	231	68	8	63	Contains Milk, Soy, Wheat.
Casa Ole - Enchilada, Cheese with Chili Dinner (5-18)	1420	450	52	14	0	55	4820	231	68	9	65	Contains Milk, Soy, Wheat.
Casa Ole - Enchilada, Cheese with Enchilada Sauce Dinner (5-18)	1410	440	51	13	0	45	4740	232	68	9	62	Contains Milk, Soy, Wheat.
Casa Ole - Enchilada, Chicken with Chili Dinner (5-18)	1420	450	52	14	0	55	4820	231	68	9	65	Contains Milk, Soy, Wheat.
Casa Ole - Enchilada, Chicken with Enchilada Sauce Dinner (5-18)	1410	440	51	13	0	45	4740	232	68	9	62	Contains Milk, Soy, Wheat.
Casa Ole - Enchilada, Fajita Beef Dinner (5-18)	1330	410	48	16	0	65	4190	219	67	9	62	Contains Milk, Soy, Wheat.
Casa Ole - Enchilada, Fajita Chicken Dinner (5-18)	1310	400	46	15	0	65	4170	219	67	9	61	Contains Milk, Soy, Wheat.
Casa Ole - Enchilada, Spinach Dinner (5-18)	1640	660	75	35	0	140	4070	238	68	7	59	Contains Milk, Soy, Wheat.
Casa Ole - Fajitas, For One Beef (5-18)	1290	500	57	21	0	115	3910	157	37	13	59	Contains Milk, Soy, Wheat.
Casa Ole - Fajitas, For One Chicken (5-18)	1220	440	50	18	0	125	3830	156	37	13	57	Contains Milk, Soy, Wheat.
Casa Ole - Fajitas, For One Combo (5-18)	1250	470	54	19	0	120	3870	156	37	13	58	Contains Milk, Soy, Wheat.
Casa Ole - Fajitas, For One Fajitas Ole (5-18)	1680	770	89	26	0	235	5060	172	46	14	80	Contains Milk, Shellfish, Soy, Wheat.
Casa Ole - Fajitas, For One Shrimp (5-18)	1620	860	99	27	0	215	4260	157	37	14	54	Contains Milk, Shellfish, Soy, Wheat.
Casa Ole - Fajitas, For Two Beef (5-18)	2440	940	106	41	0	230	7360	299	71	19	116	Contains Milk, Soy, Wheat.
Casa Ole - Fajitas, For Two Chicken (5-18)	2310	820	93	34	0	250	7190	295	71	19	113	Contains Milk, Soy, Wheat.
Casa Ole - Fajitas, For Two Combo (5-18)	2370	880	100	38	0	240	7280	297	71	19	115	Contains Milk, Soy, Wheat.
Casa Ole - Fajitas, For Two Fajitas Ole (5-18)	3220	1480	170	50	0	470	9670	328	89	21	158	Contains Milk, Shellfish, Soy, Wheat.
Casa Ole - Fajitas, For Two Shrimp (5-18)	3120	1650	190	53	0	435	8060	298	71	20	107	Contains Milk, Shellfish, Soy, Wheat.
Casa Ole - Favorite, Mexican Burger (5-18)	2010	1200	137	38	3	215	4470	144	10	47	56	Contains Egg, Milk, Soy, Wheat.
Casa Ole - Favorite, Shrimp Brochette (5-18)	2520	1370	154	54	0	560	6530	156	39	6	146	Contains Milk, Shellfish, Soy, Wheat.
Casa Ole - Favorite, Spinach Stuffed Chicken Breast (4-18)	1520	590	68	30	0	180	4750	211	67	10	73	Contains Milk, Soy, Wheat.
Casa Ole - Favorite, Stuffed Avocado Beef (5-18)	2700	1510	172	56	0	215	5030	268	77	18	99	Contains Milk, Soy, Wheat.
Casa Ole - Favorite, Stuffed Avocado Chicken (5-18)	2680	1490	170	55	0	220	5020	268	77	18	99	Contains Milk, Soy, Wheat.
Casa Ole - Favorite, Stuffed Avocado Combo (5-18)	2690	1500	171	55	0	215	5020	268	77	18	99	Contains Milk, Soy, Wheat.

Casa Ole - Favorite, Tilapia Cancun (5-18)	1880	900	104	25	0	300	4330	169	46	10	107	Contains Fish, Milk, Shellfish, Soy, Wheat.
Casa Ole - Favorite, Tortilla Crusted Chicken (5-18)	1690	670	78	23	0	180	5330	227	66	10	77	Contains Egg, Milk, Soy, Wheat.
Casa Ole - Flautas Especial, Beef Fajita (4-18)	1760	710	81	28	0	85	4630	243	67	9	70	Contains Milk, Soy, Wheat.
Casa Ole - Flautas Especial, Chicken Fajita (4-18)	1740	690	79	27	0	90	4610	242	67	9	69	Contains Milk, Soy, Wheat.
Casa Ole - Kid's, Apples (5-18)	30	0	0	0	0	0	0	8	2	6	0	
Casa Ole - Kid's, Beef Taco no side (5-18)	110	50	6	2.5	0	20	470	8	1	2	6	Contains Milk, Soy.
Casa Ole - Kid's, Burger no side (5-18)	410	130	15	4.5	0	0	480	62	2	22	6	Contains Milk, Soy, Wheat.
Casa Ole - Kid's, Burger with Cheese no side (5-18)	460	170	20	7	0	15	570	62	2	22	10	Contains Milk, Soy, Wheat.
Casa Ole - Kid's, Dinosaur Nuggets 5 ea. no side (5-18)	300	200	22	4.5	0	40	400	14	0	1	12	Contains Milk, Soy, Wheat.
Casa Ole - Kid's, Enchilada no side (5-18)	160	80	9	2.5	0	15	680	13	1	1	8	Contains Milk, Soy, Wheat.
Casa Ole - Kid's, French Fries & Ketchup (5-18)	350	150	18	3	0	0	1130	46	4	15	3	Contains Soy.
Casa Ole - Kid's, Mac and Cheese no side (5-18)	300	80	9	2.5	0	10	650	44	2	8	10	Contains Milk, Wheat.
Casa Ole - Kid's, Mini Quesadilla no side (5-18)	200	100	12	7	0	30	330	14	1	0	9	Contains Milk, Soy, Wheat.
Casa Ole - Kid's, Pizza no side (5-18)	500	220	24	11	0	15	1040	54	2	9	17	Contains Milk, Soy, Wheat.
Casa Ole - Kid's, Rice & Beans (5-18)	450	110	13	3	0	0	1290	90	27	2	18	Contains Milk, Soy, Wheat.
Casa Ole - Kid's, Taquitos no side (5-18)	180	90	10	2	0	15	530	12	0	1	7	Contains Soy, Wheat.
Casa Ole - Lunch, Beef & Bean Burrito (5-18)	1520	490	57	17	0	45	5310	265	93	8	71	Contains Milk, Soy, Wheat.
Casa Ole - Lunch, Chimichanga Beef (5-18)	1910	860	98	37	0	135	5380	236	68	10	79	Contains Milk, Soy, Wheat.
Casa Ole - Lunch, Chimichanga Chicken (5-18)	1880	830	95	35	0	125	5290	237	68	11	78	Contains Milk, Soy, Wheat.
Casa Ole - Lunch, Enchiladas Beef (5-18)	1320	430	50	14	0	40	4340	220	67	7	57	Contains Milk, Soy, Wheat.
Casa Ole - Lunch, Enchiladas Cheese (5-18)	1290	400	46	12	0	35	4240	221	67	7	56	Contains Milk, Soy, Wheat.
Casa Ole - Lunch, Enchiladas Chicken (5-18)	1460	550	63	27	0	125	3910	223	67	7	56	Contains Milk, Soy, Wheat.
Casa Ole - Lunch, Fajitas Beef (5-18)	980	330	38	14	0	80	2800	134	32	10	45	Contains Milk, Soy, Wheat.
Casa Ole - Lunch, Fajitas Chicken (5-18)	920	290	33	12	0	90	2730	133	32	10	44	Contains Milk, Soy, Wheat.
Casa Ole - Lunch, Grilled Chicken & Veggie Salad (no dressing) (5-18)	180	70	8	3	0	50	880	10		6	18	Contains Milk, Soy, Wheat.
Casa Ole - Lunch, Quesadilla Beef (5-18)	1170	350	40	19	0	90	3190	178	40	7	57	Contains Milk, Soy, Wheat.
Casa Ole - Lunch, Quesadilla Chicken (5-18)	1150	330	37	18	0	95	3150	177	40	7	57	Contains Milk, Soy, Wheat.
Casa Ole - Lunch, Taco Al Carbon Beef (5-18)	1300	380	44	14	0	50	4010	220	66	7	61	Contains Milk, Soy, Wheat.
Casa Ole - Lunch, Taco Al Carbon Chicken (5-18)	1270	350	41	12	0	55	3970	220	66	7	60	Contains Milk, Soy, Wheat.
Casa Ole - Lunch, Taco Salad Beef (no dressing or soup) (5-18)	480	210	24	8	0	35	1630	62	25	5	24	Contains Milk, Soy, Wheat.
Casa Ole - Lunch, Taco Salad Chicken (no dressing or soup) (5-18)	460	190	22	7	0	25	1570	63	25	5	24	Contains Milk, Soy, Wheat.
Casa Ole - Nachos, Fajita Beef Large (4-18)	1080	540	62	21	0	125	3520	110	52	7	60	Contains Milk, Soy, Wheat.
Casa Ole - Nachos, Fajita Beef Small (4-18)	680	350	40	14	0	75	2280	65	28	5	32	Contains Milk, Soy, Wheat.
Casa Ole - Nachos, Fajita Chicken Large (4-18)	1020	500	57	19	0	130	3460	109	52	7	59	Contains Milk, Soy, Wheat.
Casa Ole - Nachos, Fajita Chicken Small (4-18)	650	330	37	13	0	80	2250	65	28	5	31	Contains Milk, Soy, Wheat.
Casa Ole - Nachos, Grande (4-18)	1190	640	73	25	0	110	3520	113	43	6	54	Contains Milk, Soy, Wheat.
Casa Ole - Nachos, Ole Beef Large (4-18)	1070	580	65	25	0	115	3750	110	52	8	51	Contains Milk, Soy, Wheat.
Casa Ole - Nachos, Ole Beef Small (4-18)	670	370	42	16	0	70	2300	64	28	5	27	Contains Milk, Soy, Wheat.
Casa Ole - Nachos, Ole Chicken Large (4-18)	1040	540	62	23	0	105	3650	111	52	9	50	Contains Milk, Soy, Wheat.
Casa Ole - Nachos, Ole Chicken Small (4-18)	650	350	40	15	0	65	2250	65	28	6	27	Contains Milk, Soy, Wheat.
Casa Ole - Salad Dressing, Honey Mustard 1 ind. cup (5-18)	190	160	18	3	0	15	310	6		6	1	Contains Egg, Soy.
Casa Ole - Salad Dressing, Italian 1.5 fl. oz. (5-18)	130	120	13	2	0	0	360	4		3	0	Contains Soy.
Casa Ole - Salad Dressing, Italian 3 fl. oz. (5-18)	270	240	27	4.5	0	0	720	9		6	0	Contains Soy.
Casa Ole - Salad Dressing, Jalapeno Ranch 1.5 fl. oz. (5-18)	140	130	14	2	0	10	290	3		2	0	Contains Egg, Milk, Soy.
Casa Ole - Salad Dressing, Jalapeno Ranch 3 fl. oz. (5-18)	270	260	29	4.5	0	25	580	6		3	1	Contains Egg, Milk, Soy.
Casa Ole - Salad Dressing, Ranch 1.5 fl. oz. (5-18)	180	180	19	3	0	15	370	3		1	0	Contains Egg, Milk, Soy.
Casa Ole - Salad Dressing, Ranch 3 fl. oz. (5-18)	360	350	39	6	0	30	750	6		3	0	Contains Egg, Milk, Soy.
Casa Ole - Salad, Cobb (5-18)	1310	960	108	28	0	340	3090	32		12	59	Contains Egg, Milk, Soy, Wheat.
Casa Ole - Salad, Grilled Fajita Beef (5-18)	1060	520	58	20	0	100	3780	119	52	10	58	Contains Milk, Soy, Wheat.
Casa Ole - Salad, Grilled Fajita Chicken (5-18)	1020	480	54	18	0	105	3730	118	52	10	57	Contains Milk, Soy, Wheat.
Casa Ole - Salad, Grilled Veggie (no dressing) (5-18)	350	140	16	6	0	105	1570	18		10	36	Contains Milk, Soy, Wheat.

Casa Ole - Salad, Taco Grande Beef (no dressing) (5-18)	820	350	40	12	0	50	3080	115	51	9	44	Contains Milk, Soy, Wheat.
Casa Ole - Salad, Taco Grande Chicken (no dressing) (5-18)	780	310	35	10	0	40	2940	116	51	10	43	Contains Milk, Soy, Wheat.
Casa Ole - Sides, 6" Flour Tortillas 2 ea. (5-18)	180	45	5	2	0	0	300	28	2	0	4	Contains Soy, Wheat.
Casa Ole - Sides, Avocado .25 ea. (5-18)	60	50	6	1	0	0	0	3	3	0	1	
Casa Ole - Sides, Chips 3.5 oz. (5-18)	170	80	9	1.5	0	0	20	18	2	0	2	Contains Soy, Wheat.
Casa Ole - Sides, Corn Tortillas 2 ea. (5-18)	60	0	0	0	0	0	35	10	0	0	2	
Casa Ole - Sides, Dining Room Hot Sauce 2 fl. oz. (5-18)	15	0	0	0	0	0	630	3	0	2	0	
Casa Ole - Sides, Green Avocado Sauce 2 fl. oz. (5-18)	45	35	4	2	0	10	440	2	1	1	1	Contains Milk.
Casa Ole - Sides, Guacamole 1.5 oz. (5-18)	60	45	5	0.5	0	0	500	4	2	1	1	Contains Soy.
Casa Ole - Sides, Pico de Gallo 1.5 fl. oz. (5-18)	10	0	0	0	0	0	190	2	1	1	0	
Casa Ole - Sides, Sour Cream 1.5 fl. oz. (5-18)	90	70	7	6	0	30	20	1	0	1	1	Contains Milk.
Casa Ole - Sides, Spanish Rice 5 oz. (5-18)	450	70	9	1	0	0	990	83	0	1	7	Contains Soy, Wheat.
Casa Ole - Soup, Chicken Tortilla Bowl (5-18)	140	50	5	2	0	20	1660	16		4	7	Contains Milk, Soy, Wheat.
Casa Ole - Soup, Chicken Tortilla Cup (5-18)	100	40	4	2	0	15	1040	10		3	5	Contains Milk, Soy, Wheat.
Casa Ole - Soup, Tortilla (with toppings) bowl (5-18)	200	80	9	2.5	0	20	1770	24		6	10	Contains Milk, Soy, Wheat.
Casa Ole - Steak Dinner, without enchiladas (5-18)	980	250	29	11	0	75	3280	159	40	8	52	Contains Milk, Soy, Wheat.
Casa Ole - Tacos, Al Carbon Beef (4-18)	1610	520	59	21	0	105	4760	241	66	7	80	Contains Milk, Soy, Wheat.
Casa Ole - Tacos, Al Carbon Chicken (4-18)	1540	460	53	18	0	110	4680	239	66	7	78	Contains Milk, Soy, Wheat.
Casa Ole - Tacos, Fish (4-18)	1460	630	74	16	0	130	3050	170	40	8	62	Contains Egg, Fish, Milk, Soy, Wheat.
Casa Ole - Tacos, Grilled Beef Fajita (4-18)	1340	450	51	17	0	80	3940	209	65	7	69	Contains Milk, Soy, Wheat.
Casa Ole - Tacos, Grilled Chicken Fajita (4-18)	1300	410	47	15	0	85	3890	208	65	7	68	Contains Milk, Soy, Wheat.
Casa Ole - Tex-Mex, Acapulco Ole (5-18)	510	240	27	8	0	35	2050	62	27	6	25	Contains Milk, Soy, Wheat.
Casa Ole - Tex-Mex, Casa Ole Dinner (5-18)	2010	780	90	26	0	90	6900	293	96	15	86	Contains Milk, Soy, Wheat.
Casa Ole - Tex-Mex, Dinner Ambassador (5-18)	1690	590	68	18	0	50	5820	274	93	12	75	Contains Milk, Soy, Wheat.
Casa Ole - Tex-Mex, Dinner Amigo (5-18)	1360	400	47	11	0	20	4350	252	89	9	63	Contains Milk, Soy, Wheat.
Casa Ole - Tex-Mex, Dinner El Paso (5-18)	1460	490	56	17	0	70	4810	228	68	10	66	Contains Milk, Soy, Wheat.
Casa Ole - Tex-Mex, Dinner Fiesta (5-18)	1770	630	72	21	0	80	5890	278	92	13	82	Contains Milk, Soy, Wheat.
Casa Ole - Tex-Mex, Dinner Laredo (5-18)	1470	460	54	14	0	35	4640	257	89	10	67	Contains Milk, Soy, Wheat.
Casa Ole - Tex-Mex, Manager's Special (5-18)	1240	380	44	12	0	30	3840	214	66	7	52	Contains Milk, Soy, Wheat.
Casa Ole - Tex-Mex, Tamales Ole (5-18)	1840	780	89	28	0	75	5310	272	92	12	71	Contains Milk, Soy, Wheat.
Casa Ole - Tex-Mex, Tampico (5-18)	1810	680	78	24	0	80	5760	277	92	13	79	Contains Milk, Soy, Wheat.

Additional Allergen Stmt (English), Ingredient Stmt (English)

May also contain Gluten.

Shrimp 41/50 (Shrimp, Salt, Sodium Tripolyphosphate [to retain moisture]), Mushrooms, Butter Alternative (Liquid and Hydrogenated Soyk American Cheese (Cultured Pasteurized Milk and Skim Milk, Water, Cream, Milkfat, Salt, contains less than 2% of Sodium Phosphate, Artific

May also contain Gluten.

Dry Pinto Beans, Iceberg Lettuce, Tomato, White Corn Tortillas (Corn [Ground Corn treated with Calcium Hydroxide and Water], Water, So Iceberg Lettuce, Tomato, Ground Beef, White Corn Tortillas (Corn [Ground Corn treated with Calcium Hydroxide and Water], Water, Sodiui

May also contain Gluten.

Iceberg Lettuce, Tomato, White Corn Tortillas (Corn [Ground Corn treated with Calcium Hydroxide and Water], Water, Sodium Propionate

May also contain Gluten.

Iceberg Lettuce, Flour Tortilla (Enriched Unbleached Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acic

May also contain Gluten.

Iceberg Lettuce, Flour Tortilla (Enriched Unbleached Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acic

May also contain Gluten.

Ground Beef Patty (Beef, Water, Spice, Salt), Steak Cut French Fries (Potatoes, Vegetable Oil [contains one or more of the following oils: Ca

May also contain Gluten.

Steak Cut French Fries (Potatoes, Vegetable Oil [contains one or more of the following oils: Canola, Soybean, Cottonseed, Sunflower, Corn]

May also contain Gluten.

Steak Cut French Fries (Potatoes, Vegetable Oil [contains one or more of the following oils: Canola, Soybean, Cottonseed, Sunflower, Corn]

May also contain Gluten.

Chicken Breast Tenderloin Fritter (Chicken Breast Tenderloins: containing up to 12% of a solution of Chicken Broth, Soy Protein Concentrat

May also contain Gluten.

Flour Tortilla (Enriched Unbleached Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegeta

May also contain Gluten.

Dry Pinto Beans, White Corn Tortilla Chips (Whole Grain Corn, Water, Gums, Preservatives, Propionic Acid, Sorbic Acid, Fumaric Acid, Meth

May also contain Gluten.

American Cheese (Cultured Pasteurized Milk and Skim Milk, Water, Cream, Milkfat, Salt, contains less than 2% of Sodium Phosphate, Artific

May also contain Gluten.

American Cheese (Cultured Pasteurized Milk and Skim Milk, Water, Cream, Milkfat, Salt, contains less than 2% of Sodium Phosphate, Artific

May also contain Gluten.

Flour Tortilla (Enriched Unbleached Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegeta

May also contain Gluten.

Flour Tortilla (Enriched Unbleached Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegeta

May also contain Gluten.

Flour Tortilla (Enriched Unbleached Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegeta

May also contain Gluten.

Flour Tortilla (Enriched Unbleached Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegeta

May also contain Gluten.

Flour Tortilla (Enriched Unbleached Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegeta

May also contain Gluten.

Flour Tortilla (Enriched Unbleached Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegeta

May also contain Gluten.

Avocado, Tomato, Iceberg Lettuce, Iodized Salt (Salt, Dextrose, Potassium Iodide 0.006%, Sodium Bicarbonate, Yellow Prussiate of Soda), Li

May also contain Gluten.

Avocado, Iceberg Lettuce, Tomato, Iodized Salt (Salt, Dextrose, Potassium Iodide 0.006%, Sodium Bicarbonate, Yellow Prussiate of Soda), Li

May also contain Gluten.

White Corn Tortillas (Corn [Ground Corn treated with Calcium Hydroxide and Water], Water, Sodium Propionate [Propionic Acid, Sodium H

May also contain Gluten.

Cherry Coke (Carbonated Water, High Fructose Corn Syrup, Caramel Color, Phosphoric Acid, Natural Flavors, Caffeine).

May also contain Gluten.

Classic Coke (Carbonated Water, High Fructose Corn Syrup, Caramel Color, Natural Flavors, Caffeine).

May also contain Gluten.

Coke Zero (Carbonated Water, Caramel Color, Phosphoric Acid, Potassium Citrate, Potassium Benzoate, Aspartame, Natural Flavors, Acesu

May also contain Gluten.

Diet Coke (Carbonated Water, Caramel Color, Phosphoric Acid, Sodium Saccharin, Potassium Benzoate, Natural Flavors, Citric Acid, Caffeine

May also contain Gluten.

Diet Dr. Pepper (Carbonated Water, Caramel Color, Phosphoric Acid, Aspartame, Sodium Citrate, Sodium Benzoate [preservative], Caffeine

May also contain Gluten.

Dr. Pepper (Carbonated Water, High Fructose Corn Syrup, Caramel Color, Phosphoric Acid, Caffeine, Sodium Benzoate [preservative], Natu

May also contain Gluten.

Hi-C Poppin' Pink Lemonade (Water, High Fructose Corn Syrup, Citric Acid, Sodium Citrate, Ascorbic Acid [vitamin C], Potassium Benzoate [

May also contain Gluten.

Minute Maid Lemonade (Water, High Fructose Corn Syrup, Citric Acid, Sodium Citrate, Potassium Benzoate [to protect taste], Modified Foc

May also contain Gluten.

Raspberry Fuze Iced Tea (Water, High Fructose Corn Syrup, Citric Acid, Tea, Natural Flavors, Potassium Citrate, Sodium Benzoate and Potas

May also contain Gluten.

Barq's Root Beer (Carbonated Water, High Fructose Corn Syrup, Caramel Color, Sodium Benzoate [to protect taste], Citric Acid, Caffeine, A

May also contain Gluten.

Sprite (Carbonated Water, High Fructose Corn Syrup, Citric Acid, Natural Flavors, Sodium Citrate, Sodium Benzoate [to protect taste], Dime

May also contain Gluten.

Gold Peak Unsweetened Brewed Tea, Sugar.

May also contain Gluten.

Gold Peak Unsweetened Brewed Tea.

May also contain Gluten.

Dry Pinto Beans, Long Grain Rice (Extra Long Grain Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), Fryer Oil Shortening (Sc

May also contain Gluten.

Dry Pinto Beans, Long Grain Rice (Extra Long Grain Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), Seasoned Beef Fajita (B

May also contain Gluten.

Dry Pinto Beans, Long Grain Rice (Extra Long Grain Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), Fryer Oil Shortening (Sc

May also contain Gluten.

Dry Pinto Beans, Long Grain Rice (Extra Long Grain Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), Seasoned Chicken Fajiti

May also contain Gluten.

Dry Pinto Beans, Water, Long Grain Rice (Extra Long Grain Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), Tomato, Flour T

May also contain Gluten.

Dry Pinto Beans, Long Grain Rice (Extra Long Grain Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), Flour Tortilla (Enriched

May also contain Gluten.

Dry Pinto Beans, Long Grain Rice (Extra Long Grain Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), Flour Tortilla (Enriched

May also contain Gluten.

Dry Pinto Beans, Long Grain Rice (Extra Long Grain Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), Flour Tortilla (Enriched

May also contain Gluten.

Dry Pinto Beans, Long Grain Rice (Extra Long Grain Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), Flour Tortilla (Enriched

May also contain Gluten.

Flour Tortilla (Enriched Unbleached Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegeta

May also contain Gluten.

Flour Tortilla (Enriched Unbleached Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegeta

May also contain Gluten.

Tomato, Flour Tortilla (Enriched Unbleached Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Wate

